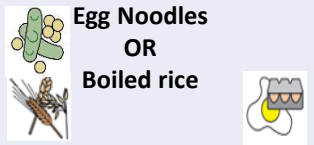


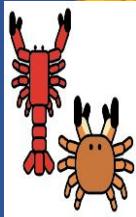
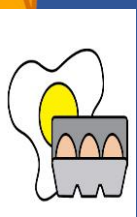
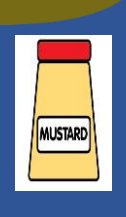
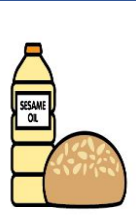
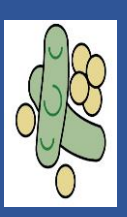


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISHES	<u>Main Dish</u> Homemade Cheese & Tomato Pizza (Tomatoes & Herbs from allotment) (GF & DF PIZZA AVAILABLE) Served with Chef choice potato Mixed Salad 	<u>Main Dish</u> Homemade Hong Kong style Chicken & vegetables stir fry (Vegetables from allotment) <u>Vegetarian Dish</u> Vegetables & Quorn stir fry Served with 	<u>Main Dish</u> Homemade Chicken Casserole <u>Vegetarian Dish</u> Quorn & vegetables casserole Served with Chef choice Potato Seasonal Vegetables 	<u>Main Dish</u> Homemade Beef Chilli con carne <u>Vegetarian Dish</u> Vegetarian Chilli non carne Served with Boiled Rice 	<u>Main Dish</u> Fish of the day (GF & DF FISH AVAILABLE) Rich in Omega 3 Vegetarian Dish Vegan Fish Fillet Served with Chefs' choice Potato Garden Peas 
ADDITIONAL CHOICES	BAKED POTATOES Choice of fillings: Baked bean Cheese & Coleslaw Tuna Mayonnaise Wraps & Sandwiches (GF & DF Sandwiches available) List of allergens available separately	BAKED POTATOES Choice of fillings: Baked bean, Cheese & Coleslaw Tuna Mayonnaise Wraps & Sandwiches (GF & DF Sandwiches available) List of allergens available separately	BAKED POTATOES Choice of fillings: Baked bean Cheese & Coleslaw Tuna Mayonnaise Wraps & Sandwiches (GF & DF Sandwiches available) List of allergens available separately	BAKED POTATOES Choice of fillings: Baked bean, meat Chilli Cheese & Coleslaw Tuna Mayonnaise Wraps & Sandwiches (GF & DF Sandwiches available) List of allergens available separately	BAKED POTATOES Choice of fillings: Baked bean Cheese & Coleslaw Tuna Mayonnaise List of allergens available separately
DESSERTS	DESSERT THE DAY Chefs' choice Dessert	DESSERT THE DAY Fresh Fruit salad & Fruit Platter	DESSERT THE DAY Cheese & Crackers 	DESSERT THE DAY Chefs' choice Dessert	DESSERT THE DAY Fresh Fruit salad & Fruit Platter
EVERY DAY	Salad Bar, Selection of fresh fruit or fresh yogurt List of allergens available separately	Salad Bar, Selection of fresh fruit or fresh yogurt List of allergens available separately	Salad Bar, Selection of fresh fruit or fresh yogurt List of allergens available separately	Salad Bar, Selection of fresh fruit or fresh yogurt List of allergens available separately	Salad Bar, Selection of fresh fruit or fresh yogurt List of allergens available separately

ALLERGENS

This Menu is
subject to change



													
Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

